

Organic Fresh Vegetables – Verduras Frescos

All of our vegetables are picked in the early morning and delivered that same day to our valued customers.

Todas nuestras verduras se recogen temprano en la mañana y se entregan ese mismo día a nuestros valiosos clientes.

All prices listed in Cordobas/Todas los precios en Cordobas.
For larger volumes please contact Mike at 50557575093

There are many new products being tested and added on an ongoing basis, message Mike if you would like him to grow anything in addition to the below list, or if you would like to be put on a new products “try out” list.

Availability is dependent on many factors, firstly we have a wet and dry season, both come with growing challenges that we have many years of experience, but at times, weather patterns do arrive that are not favorable to growing, so though items can be marked all year, some weeks product may not be available. Seasonal products are generally listed either due to a new product and production is not at 100% due to (seed harvesting, weather challenges, or growing challenges that are being overcome). If you want to know more about seasonal availability its best to contact Mike as he can answer your questions directly.

Yocate's Farm Grown Products - 100% Organic, no synthetic fertilizers, no chemical sprays, every single organic spray used is made on Yocate's farm by Mike, seeds are no GMO, with over 90% harvested and managed by the farm.

Product	Availability	Price in Cordoba
Kale – Col Rizada	All year	200/lbs/454 grams
Arugala – Rucula	All year	80/100 grams
Mustard Leaf/Hoja de Mostaza	All year	80/100 grams
Chinese Spinach / Espicana China	All year	50/lbs/454 grams
Bok Choi Baby	All year	120/lbs/454 grams
Leaf Lettuce	Seasonal	70/lbs/454 grams

Chard	Seasonal	100/lbs/454 grams
Collards	All year	100/lbs/454 grams
Cherry Tomato Red	Seasonal	100/lbs/454 grams
Tomatillos	Seasonal	80/lbs/454 grams
Spring Onion / Cebollin	All year	50/bunch/momo
Large White Onion	Seasonal	50/bunch/mono
Cilantro	All year	80/100 grams
Basil - Albahaca -	All year	80/100 grams
Dill – Eneldo	All year	80/100 grams
Lovage - Apio	All year	50/100 grams
Chives – Gringo Cebollin	Seasonal	80/bunch/mono
Garlic Chives – Cebollino de Ajo	All year	80/bunch/mono
Tumeric – Curcuma	Seasonal	40/100 grams
Ginger – Jengibre	Seasonal	40/100/grams
Galangal	Seasonal	40/100/grams
Lemon Grass	All year	40/bunch/mono
Thyme	All year	80/40 grams
Rosemary / Romero	Seasonal	80/60 grams
Fenugreek Leaves/Fenogreco	Seasonal	80/60 grams
Rainbow Carrots–Zanahorias Arcoiris	All year	100/lbs/454 grams
Sweet Potato/Batata	All year	70/lbs/454 grams
Cucumbers-Pepino	All year	60/lbs/454 grams
Bitter Gord	Seasonal	80/unit/unidad
Avacados	Seasonal	60/unit/unidad
Limes/Lemon	Seasonal	10/unit/unidad
Strawberry Apple Bananas	Seasonal	10/unit/unidad

Organic Spices / Especies Organicas 70 Cordoba

Basil – Albahaca

30g

Smoked Onion Powder – Cebolla	60g
Tumeric – Curcuma	100g
Ginger -Jengibre	70g
Galangal	20g
Dill Leaf- Hoja de Eneldo	20g
Ground Dill Seed-Semilla de Eneldo Molido	20g
Ground Coriander-Semilla de Cilantro Molido	20g
Rosemary - Romero	30g

Speciality Spices Not Organic/Not Grown on Yocates Farm

Garam Masala	3 Cordoba/gram
*Made by Mike, 70% of the spices used are from Yocates Farm	

Cardomon/Cardomom	2 Cordoba/gram
Cinnamon (Sri Lanka)	2 Cordoba/gram
Cumin Seed (Iran)	2 Cordoba/gram

Discounts can be applied to larger specific spice orders, please contact.

Los descuentos se pueden aplicar a pedidos de especias específicas más grandes, comuníquese con nosotros.

Meat, Vinegars, Oils and Sauces / Carnes, Vinagres, Aceites y Salsas

Mozzarella Cheese/Queso Mozza	110/lbs
Cherry Tomato Wine Vinegar	450/750 ml
Basil Pesto – Pesto Albahaca	Seasonal 220/220ml
Onion Leaf Pesto - Pesto de Cebolla	220/220ml
Thai Chili Hot Sauce	220/250ml
Pure Coconut Oil - Aceite de Coco	500/750ml
Breadfruit Flour/Pan de Fruta (No Gluten)	180/lbs
Unpasteurized Honey	250/500 ml
	400/1000 ml
Fermenting Molassas	200/500 ml
	300/1000 ml
Kikoman Soy	400/1000 ml

Freerange, hormone free Lamb (bloodline is from England)

Rack-----	16 USD / lbs / 454 grams
Loin-----	13 USD / lbs / 454 grams
Whole Leg/Shoulder Roast -----	10 USD / lbs / 454 grams
Leg/Shoulder Steaks -----	10 USD / lbs / 454 grams
Ground Lamb-----	10 USD / lbs / 454 grams
Ribs -----	6.50 USD / lbs / 454 grams
Shanks-----	7.50 USD / lbs / 454 grams
Stew Meat -----	14 USD / 2 lbs / 908 grams
Lamb Bones -----	5 USD / lbs / 454 grams
Artisanal Chicken (whole) -----	100 Cordoba / lbs / 454 grams
Organic Chicken (whole) -----	120 Cordoba / lbs / 454 grams

Liquor / Espiritu

Coconut Liqueur -----	14 USD/750ml
Coconut Rum-----	14 USD/750ml
Spiced Coconut Rum -----	16 USD /750ml
Coco Kaboom Rum Coconuts -----	7 USD per unit